

About This Site:

JodyKHill and Liz Adkinson are Life Healing Coaches.

Together, Jody & Liz honors and respects each person's story. Their work is focused on serving the highest good of all; however, the outcome remains totally on the client. Their work makes it easier to feel joy, love, and peace; however, it's up to the client to receive and accept. This work is not responsible for negative outcomes.

Definitions and/or Descriptions: Jody offers her visualization in the most comprehensive way for you to understand chakras & subtle bodies. Liz offers the powerful movement of chakras & subtle bodies; using Bars Sessions and/or Human Design understanding for optimum clearing. Their definitions and/or descriptions are not an all-inclusive 'RIGHT' way, it is 'ONE' way to bring understanding to these topics.

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Important information: All information on this website is considered spiritually based self-help only and should not be considered any form of medical or health care advice.